



## What's Happening at H.O.B.

## **January 2024**

Jan. 2 – Professional Development Day – No School

Jan. 3 – **School Resumes** 

Jan. 5- H.O.B. Spirit Day: Bills Day

Jan. 15 - Martin Luther King Jr. Day NO SCHOOL

Jan. 25 - Literacy Night 6:00pm - 7:30pm

Jan. 26- H.O.B. Spirit Day- Wear our School Colors, purple & gold

With the winter months upon us, we still plan to take our students outside as much as we can. Please be sure your child is dressed for the weather each day.

## A Note from the H.O.B. Health Office

Holiday break is a great time to deep clean backpacks, lunch boxes, nap blankets, coats and hats to keep your student healthy and stop the spread. As a reminder, our school policy states that you should not send your child to school if he/she has:

- ✓ Fever in the past 24 hours
- ✓ Vomiting in the past 24 hours
- ✓ Diarrhea in the past 24 hours
- ✓ Chills
- ✓ Sore throat
- ✓ Strep Throat (must have been taking an antibiotic for at least 24 hours before returning to school)
- ✓ Bad cold, with a very runny nose or bad cough, especially if it has kept the child awake at night

Please call the school health office if you have any questions or concerns.

Due to the increased rates of respiratory syncytial virus, influenza, and COVID this winter, NYSDOH and NYSED are urging a community-wide approach, inclusive of schools, to take precautions again this winter and holiday season to prevent the spread of respiratory viruses and protect young children, older individuals, and those with underlying health conditions.

NYSDOH and NYSED encourage these commonsense precautions to prevent the spread of respiratory viruses:

- Staying up to date on vaccines, including Flu and COVID-19.
- Washing your hands often with soap and hot water for at least 20 seconds.
- Not coughing or sneezing into your hands; sneeze or cough into your elbow.
- Staying home when sick or symptomatic.